

# Providence Schools LEA Breakfast Menu September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
29 Bagel with Cream Cheese or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	30 Pumpkin Bread or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	31 Banana Chocolate Benefit Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	1 Apple Muffin or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	2 Blueberry Belvita Biscuits or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk
5 Labor Day  No School	6 Cinnamon Roll or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	7 Apple Oatmeal Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	8 Confetti Muffin or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	9 88 Acres Chocolate Sea Salt Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk
12 Bagel with Cream Cheese or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	13 Strawberry Guava Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	14 Banana Chocolate Benefit Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	15 Blueberry Muffin or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	16 Lemon Bread or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk
19 Nutri-Grain Breakfast Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	20 Banana Bread or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	21 Fruity Cheerios Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	22 Cinnamon Chip Muffin or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	23 Oatmeal Breakfast Round or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk
26 Bagel with Cream Cheese or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	27 Pumpkin Bread or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	28 Banana Chocolate Benefit Bar or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	29 Apple Muffin or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk	30 Blueberry Belvita Biscuits or Whole Grain Cereal  Whole Grain Cracker 100% Fruit Juice Fresh and/or Chilled Fruit 1% or FF Milk

Have a question about the menu or want to learn more about our food program? Email us – [providencefeedback.usa@sodexo.com](mailto:providencefeedback.usa@sodexo.com)